



MEDICAL EMERGENCY INFORMATION

Please place this card on the outside of your refrigerator

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|-----------------------|
| DATE COMPLETED |
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|---|
| NAME: |
| |
| DATE OF BIRTH: |
| |
| PHYSICIAN(S) NAME AND PHONE NUMBER |
| 1. |
| 2. |
| 3. |
| CONTACT(S) NAME AND PHONE NUMBER |
| 1. |
| 2. |
| 3. |
| SIGNIFICANT SURGERY |
| 1. |
| 2. |
| 3. |
| LOCATION OF ADVANCE DIRECTIVES (if applicable) |
| <i>DNR & POLST require additional forms. Check which form(s) you have:</i> |
| <input type="checkbox"/> DNR – Do Not Resuscitate |
| <input type="checkbox"/> POLST – Physicians Orders for Life-Sustaining Treatment |
| Please list location of DNR and/or POLST below: |
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| MEDICATION | DOSAGE | FREQUENCY |
|------------|--------|-----------|
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| MEDICAL CONDITIONS (Check all that apply and list other conditions; provide information below) | |
| <input type="checkbox"/> No Medical Conditions <input type="checkbox"/> Asthma/COPD <input type="checkbox"/> Bleeding Disorder <input type="checkbox"/> Diabetes/Insulin Dependent <input type="checkbox"/> Heart Problems <input type="checkbox"/> Hypertension | <input type="checkbox"/> Stroke <input type="checkbox"/> Seizure Disorder <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ |
| SEVERE ALLERGIES AND DRUG REACTIONS (List any severe allergies and/or drug reactions below) | |
| <input type="checkbox"/> No known allergies or reactions <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ | <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ |

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|--|
| Please provide details on medical conditions listed above and/or other information emergency responders should know: |
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| HOSPITAL PREFERENCE |
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| You might be transported to a different hospital based on your condition and/or hospital status. |